



Programme for Active Learning(PAL)

2 January 2018





PERI

“It is clear to the Committee that our children should grow up to be confident persons, adept at working in teams and able to communicate their thoughts and ideas effectively. They should be self-directed learners who view education as a life-long process. They should also be innovative and enterprising individuals, able to cope with ambiguity and adapt well to change. At the same time, Singapore needs citizens who are morally upright, have a strong sense of civic responsibility and who will contribute actively to society. These skills and dispositions should be inculcated in the formative years of primary education.”

*- Primary Education Review and Implementation Committee (PERI)
Report 2009*





Programme for Active Learning (PAL)

- To provide pupils with broad exposure and experiences through fun and varied activities
- To facilitate the well-rounded development of pupils in the five broad learning domains of physical, cognitive, social, aesthetics and moral
- To provide varied avenues for pupils to develop social emotional (SE) competencies





PAL Modules

2 Broad Areas

Physical:

- **Sports and Outdoor Education**

Aesthetics:

- **Performing Arts (Music and Dance) & Visual Arts**





PAL and PAM

- **PAL complements** Art, Music and PE, and it provides the platform for pupils to extend, reinforce and apply their learning through a wide range of activities in Sports and Outdoor Education, Performing and Visual Arts.
- PAL is process-oriented. It is different from PAM in terms of outcomes and assessment.





Characteristics of PAL

- Experiential in nature
- Encompass learning in a creative way
- Provide opportunities for children to create
- Incorporate values education and social-emotional learning
- Provide enjoyment and fun





PAL Modules

- PAL will be conducted **during curriculum** time for at least 2 hours a week over about 30 weeks in a year
- There will be **6-8 modules** covering each of the domains conducted over the **2 years (P1 & P2)**
- Each PAL module will span **7-10 weeks** and comprise age appropriate activities
- Conducted by teachers





Design Considerations

- **Learner-Centred**
-Focus is on the learner. Activities are designed based on students' interests, abilities and how they learn.
- **Process Oriented**
-Learners are given the opportunity to create, explore and discover and decide the best solution to a given task.
- **Broad-Based Exposure**
-Learners are exposed to a wide variety of activities and different context to provide them with different experiences and engage them in experiential learning.





Design Considerations

- **Active Engagement**
-All learners will be involved in either individual or group activities.
- **Contextualised**
-Connect with students' experience and learning in other areas.
- **Opportunities to weave in SEL & Character Education**
- **Have elements of fun
(through the eyes of the learners)**





**Thank
you** 😊

