



MAYFLOWER PRIMARY SCHOOL

200, ANG MO KIO AVENUE 5

SINGAPORE 569878

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<http://www.mayflowerpri.moe.edu.sg>

10 July 2017

Notification: 047/2017

Dear Parents / Guardian,

Parenting Workshop : Nurturing a Confident Child

Synopsis:

Whether going to a new school or taking up a sport for the first time, children need confidence to overcome obstacles and achieve goals. Parents need to instill a can-do attitude in their children so that they'll take on new challenges and, over time, believe in themselves. While each child is a little different, parents can follow some general guidelines to build their children's confidence. In this workshop, parents will learn the importance of developing their children's self-confidence and strategies to raise their self-esteem. Parents will reflect on their own confidence level and understand the impact this has on their children.

Speaker Profile:


Mr David Seah holds a Bachelor (Hons) of Counselling from UniSIM. A certified Family Life Educator and Resource Speaker for Fei Yue's Family Central, Familywise, K-LINKZ and HERO Training Consultancy. He is also an Associate Counselor at Lakeside Family Services (Jurong East Branch) and St. Andrew's Cathedral Home for the Aged. Married with 3 children aged 26, 23 and 15.

David is a very experienced speaker and counsellor. He has conducted many talks and seminars in many private and public organisations, schools and childcare centres. His ability to engage and motivate his audience in a fun and humorous way, has made him a very much sought after speaker.



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<p>Date : 3 August 2017, Thursday</p> <p>Time : 8.00 a.m. – 10.00 a.m.</p> <p>Venue: Heritage Gallery Mayflower Primary School</p>	<p>* Scan and register</p>  <p>http://tinyurl.com/y8m2vjsh</p>
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For more details and registration, please **scan the QR code (URL link provided) or sms** Ms Elsa Yeo @ 97333572 by 23rd July 2017. Kindly register early to avoid disappointment.

Please indicate the following in your sms:

- 1) Indicate the workshop date
- 2) Full Name of participant(s)
- 3) Mobile Number
- 4) Email address
- 5) Child's Name
- 6) Child's Class
- 7) First time attending parenting workshop? Yes / No
- 8) Halal Food : Vegetarian / Non-vegetarian

Thank you for your support.

Yours sincerely,

Mdm Lynne Ong
FamilyMatters@School Liaison Officer

Mdm Thilagamani
Vice-Principal

**To scan QR code - You need to download QR Code reader in your phone, be it Android, Blackberry, iPhone, Palm OS or Windows mobile.*

*** In the event of low registration rate, we will cancel it by informing parents 1 week before commencement of workshop.*

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