



MAYFLOWER PRIMARY SCHOOL

200, ANG MO KIO AVENUE 5

SINGAPORE 569878

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<http://www.mayflowerpri.moe.edu.sg>

1 February 2018

Notification: 007/2018

Dear Parents / Guardian,

Parenting Workshop: Effective Discipline

Synopsis:

Disciplining a child is one of the most important roles of a parent, and perhaps one of the most difficult. Effective discipline at home provides a foundation for self-discipline throughout life. It helps your child grow up to be happy and well-adjusted. Effective and positive discipline teaches and guides children. It doesn't just force them to obey. How children should be disciplined depends on their age, stage of development, personality and many other factors, but there are so some basic principles to help guide parents.

Content includes:

- Understand your child
- Identify the 4 Parenting styles
- Practice parent-coach principles – ABCDE

Speaker:


Mr David Seah holds a Bachelor (Hons) of Counselling from Singapore University of Social Sciences (SUSS). He is a certified Family Life Educator and Resource Speaker for Fei Yue's Family Central, Familywise, and K-Linkz. David is also an Associate Counsellor at Lakeside Family Service Centre (Jurong East Branch) and also at St. Andrew's Cathedral Home For The Aged. David is married with 3 children aged 29, 26 and 18.

David is a very experienced speaker and counsellor, and he has conducted many talks and seminars in many private and public organizations, schools and childcare centres. David has a good sense of humour and his ability to engage and motivate his audience in a fun and humorous way has made him a very much sought-after speaker.



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<p>Date : Thursday, 22 February 2018</p> <p>Time : 8.00 a.m. – 10.00 a.m.</p> <p>Venue: Heritage Gallery Mayflower Primary School</p>	<p>* Scan and register</p> 
<p>https://tinyurl.com/22Feb2018Effective-Discipline</p>	

For more details and registration, please **scan the QR code (URL link provided) or SMS Ms Elsa Yeo @ 97333572 by 15th February 2018**. Kindly register early to avoid disappointment.

Please indicate the following in your SMS:

- 1) Workshop date
- 2) Full Name of participant(s)
- 3) Mobile Number
- 4) Email address
- 5) Child's Name
- 6) Child's Class
- 7) First time attending parenting workshop? Yes / No
- 8) Halal Food : Vegetarian / Non-vegetarian

Thank you for your support.

Yours sincerely,

Mdm Lynne Ong
FamilyMatters@School Liaison Officer

Mdm Thilagamani T S
Vice-Principal

**To scan QR code - You need to download QR Code reader in your phone, be it Android, Blackberry, iPhone, Palm OS or Windows mobile.*

*** In the event of low registration rates, we will cancel it by informing parents 1 week before commencement of the workshop.*

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