



MAYFLOWER PRIMARY SCHOOL

200, ANG MO KIO AVENUE 5

SINGAPORE 569878

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<http://www.mayflowerpri.moe.edu.sg>

9 April 2018

Notification: N038 / 2018

Dear Parents / Guardian,

Parenting Workshop: Learning-oriented vs. Performance-oriented Parenting

Synopsis:

The frantic pace and competitive educational life in Singapore has left many parents anxious about their children's academic performance and future as well. Too often attempts to discipline them and motivate them in their academic pursuits have been met with resistance and not much progress in their motivation level. Even worse, our well intended attempts have also affected our relationships with them. Maybe parents should reconsider their expectations & approach? World renowned psychologist, Dr. Carol Dweck categorized parents as either learning-oriented or performance-oriented. Could becoming a more learning-oriented parent be helpful?

Outline:

- Helping your child to enjoy learning.
- Be a "learning-oriented" not a "performance-oriented" parent.
- Effort vs. Ability - which do we emphasize?
- Intrinsic motivation vs. External rewards or punishment

Speaker:

Ms Bong Louis has many years of experience in conducting marriage, parenting and community programmes. She has been married for 24 years and has 2 daughters, aged 23 & 21. Older one just graduated from NUS and the younger studying in US. She was first trained as an Accountant with a degree from NUS, but after a brief stint in a statutory board, she spent the next 20 years in church and community work.


She is a Family Life Education Resource Speaker and has many years of experience conducting workshops & talks in schools (both mainstream & also special needs schools), public and private institutions.

She last worked as a School Counsellor with MOE, during which she obtained a Diploma in School Counselling (NIE). Ms Bong also holds a diploma in Learning Disorders Management & Child Psychology (CAE) as well as a graduate Certificate in Parent Education Leadership Training. In 2015 she obtained her accreditation as a Triple P parent trainer.

Mayflower Primary School | Our Pupils, Exemplary Citizens of Tomorrow





<p>Date : 3 May 2018, Thursday</p> <p>Time : 8.00 a.m. – 10.00 a.m.</p> <p>Venue: Heritage Gallery Mayflower Primary School</p>	<p>* Scan and register</p> 
<p>https://tinyurl.com/MFPS-LearningVsPerformance</p>	

For more details and registration, please **scan the QR code (URL link provided) or SMS** Mdm Elsa Yeo @ 97333572 by 23rd April 2018. Kindly register early to avoid disappointment.

Please indicate the following in your SMS:

- 1) Workshop date
- 2) Full Name of participant(s)
- 3) Mobile Number
- 4) Email address
- 5) Child's Name
- 6) Child's Class
- 7) First time attending parenting workshop? Yes / No
- 8) Halal Food : Vegetarian / Non-vegetarian

Thank you for your support.

Yours sincerely,

Mdm Lynne Ong
FamilyMatters@School Liaison Officer

Mdm Thilagamani T S
Vice-Principal

**To scan QR code - You need to download QR Code reader in your phone, be it Android, iPhone, Palm OS or Windows mobile.*

*** In the event of low registration rates, we will cancel it by informing parents 1 week before commencement of the workshop.*