



# MAYFLOWER PRIMARY SCHOOL

200, ANG MO KIO AVENUE 5

SINGAPORE 569878

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<http://www.mayflowerpri.moe.edu.sg>

25 June 2018

Notification: 049/2018

Dear Parents / Guardian,

## Parenting Workshop: Manage your anger, start loving your child

### Synopsis:

Parenting is a challenging job, shouldering multiple responsibilities. With all the demands falling on you parents, you would feel stressed and find it hard to control your emotions.

It is of great concern that the uncontrollable of rage and anger of a parent is doing great harm and hurt to children. The hurt is emotionally damaging to your child. It is believed that with a change in your thoughts, actions and speech, you could get the peace, love and cooperation you want, from your child.

### Speaker:

Mr David Seah holds a Bachelor (Hons) of Counselling from UniSIM. He is a certified Family Life Educator and Resource Speaker for Fei Yue's Family Central, Familywise, K-LINKZ and HERO Training Consultancy.


David is also an Associate Counsellor at Lakeside Family Services and also at St. Andrew's Cathedral Home for the Aged. David is married with 3 children aged 26, 23 and 15. David is a very experienced speaker and counsellor, and he has conducted many talks and seminars in many private and public organizations, schools and childcare centres. David has a good sense of humor and his ability to engage and motivate his audience in a fun and humorous way has made him a very much sought after speaker.



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Mayflower Primary School | Our Pupils, Exemplary Citizens of Tomorrow



<p>Date : <b>12 July 2018, Thursday</b></p> <p>Time : <b>8.00 a.m. – 10.00 a.m.</b></p> <p>Venue: <b>Heritage Gallery</b> Mayflower Primary School</p>	<p>* Scan and register</p> 
<p align="center"><b><a href="https://tinyurl.com/MFPSangerManagement">https://tinyurl.com/MFPSangerManagement</a></b></p>	

For more details and registration, please **scan the QR code (URL link provided) or SMS** Mdm Elsa Yeo @ 97333572 by 2<sup>nd</sup> July 2018. Kindly register early to avoid disappointment.

Please indicate the following in your SMS:

- 1) Workshop date
- 2) Full Name of participant(s)
- 3) Mobile Number
- 4) Email address
- 5) Child's Name
- 6) Child's Class
- 7) First time attending parenting workshop? Yes / No
- 8) Halal Food : Vegetarian / Non-vegetarian

Thank you for your support.

Yours sincerely,

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Mdm Lynne Ong  
FamilyMatters@School Liaison Officer

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Mdm Thilagamani T S  
Vice-Principal

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*\*To scan QR code - You need to download QR Code reader in your phone, be it Android, iPhone, Palm OS or Windows mobile.*

*\*\* In the event of low registration rates, we will cancel it by informing parents 1 week before commencement of the workshop.*